

Steps to follow for the ISA Level 2 surf coach accreditation:

- Full attendance to the course
- Successful completion of practical assessment "Workbook"
- Level2 online exam
- Validate the "surfing skill assesment"
Video of you, surfing frontside and backside, demonstrating a minimum level required.
A minimum of 5 waves going right and 5 waves going left is asked.
Showing a good level of surfing, is a must.
Performing bottom-turns, top-turns, cutbacks, floaters.
Body motion relaxed and controlled with the closest surfing possible based on competitive surfing criteria: speed, power and flow.
- An ocean rescue award or equivalent. As well as a first aid certificate.
BNSSA + PSE1 or ILS/ISA Surf&Sup instructor water safety course.
Other diplomas: contact ILS directly for equivalences and then ISA for acceptance of equivalence.
- 40hours of training minimum (=40 meetings of 1h30 minimum) with your "athlete" group (minimum 2) at an offshore surf club/school advanced coaching- with the Workbook duly filled in by you and signed/stamped by the -surf club/surf camp/school advanced coaching- and the coach trainer who supervise you.

No hours of training in a wave pool will be allowed.

You have 12 months post-training to fulfill all these requirements.

Once the diploma is validated, you will have to continue to renew your affiliation with ISA which is 100 dollars per year, for now.

*For French residents and French nationals and/or other citizenship wishing to work in France with the diploma: This day, we cannot guarantee the acceptance of the ISA diploma by the French authorities.

For any questions regarding the program and/or specific, please contact me via email or whatsapp.

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Course Modules

1. Training surfers a holistic approach
2. Planning
3. Understanding the judging criteria
4. Risk management
5. Principles of training
6. Elements of fitness
7. Development and maturation
8. Sports injuries
9. Lifestyle and nutrition
10. Sports psychology
11. Balance and force
12. Fundamental movements
13. Movement patterns of core maneuvers
14. Common errors
15. Novice surfing skills
16. Analytical skills for surf coaches
17. Simulation training
18. Video Coaching