

Working together for healthy, respectable, fair and successful sport.

## The nine principles of the Charter for Ethics in sport

### 1 Equal treatment for everyone.

Nationality, age, gender, sexual orientation, social background, religious and political affiliation do not lead to discrimination.

### 2 Sport and social environment in harmony.

The demands in training and competition are compatible with education, career and family life.

### 3 Strengthening personal and shared responsibility.

Athletes are involved in decisions that affect them.

### 4 Respectful encouragement rather than excessive demands.

Measures to achieve sporting goals do not damage either the physical or psychological integrity of the athletes.

### 5 Educating on fairness and environmental responsibility.

Behaviour towards others and towards the environment is characterised by respect.

### 6 Rejecting violence, exploitation and sexual abuse.

Physical and psychological violence as well as any form of exploitation are not tolerated. Raising awareness, maintaining vigilance and rigorous intervention.

### 7 Rejecting doping and drugs.

Ongoing information and immediate intervention in the event of consumption, administering or distributing substances.

### 8 Abstaining from tobacco and alcohol consumption during sport.

Demonstrating the risks and consequences of consumption at an early stage.

### 9 Opposing all forms of corruption.

Encouraging and stipulating transparency in decisions and processes.  
Dealing with conflicts of interest, gifts, regulating financing and gambling,  
and consistent disclosure.

[www.spiritofsport.ch](http://www.spiritofsport.ch)

... for the **SPIRIT** of **SPORT**

# Respect

Sport brings people together.

From all over the world and each in his or her unique way.

Teaching fairness

Environmental responsibility

Ethics in sport may not be a widely-discussed issue,

Sport in harmony with the social sphere!  
but it is the most important one.

Swiss sport has a clear foundation stone.

## The Charter for Ethics in Sport

... for the SPIRIT of SPORT is the highest basic principle for Swiss sport. Wherever it appears, it reminds us that sport depends on sportsmanship.

... for the SPIRIT of SPORT sums up what the Charter for Ethics in Swiss Sport demands. Its nine principles for healthy, respectful and fair sport are an obligation for everyone in sport.

... for the SPIRIT of SPORT is applied by Swiss Olympic and the Federal Office of Sport (FOSPO) where sportsmanship is practised visibly and consistently.

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Shared responsibility

Sport in harmony with the social sphere!

Sport means emotions. They include respect for

and responsibility towards oneself and others.

not excessive pressure

Fairness